

**Diamonds are just lumps of  
coal that stuck to their task.**

Leonardo da Vinci

# Happy TEACHER'S Day

**BEST TEACHER EVER**



# FULL DISCLOSURE

**The last time I got upset or angry at work...**

**What do you believe ...?**

**What is important ...?**

**The last time I got upset or angry at work...**



**Beliefs**



**Values**

**What do you believe ...?**

**What is important ...?**

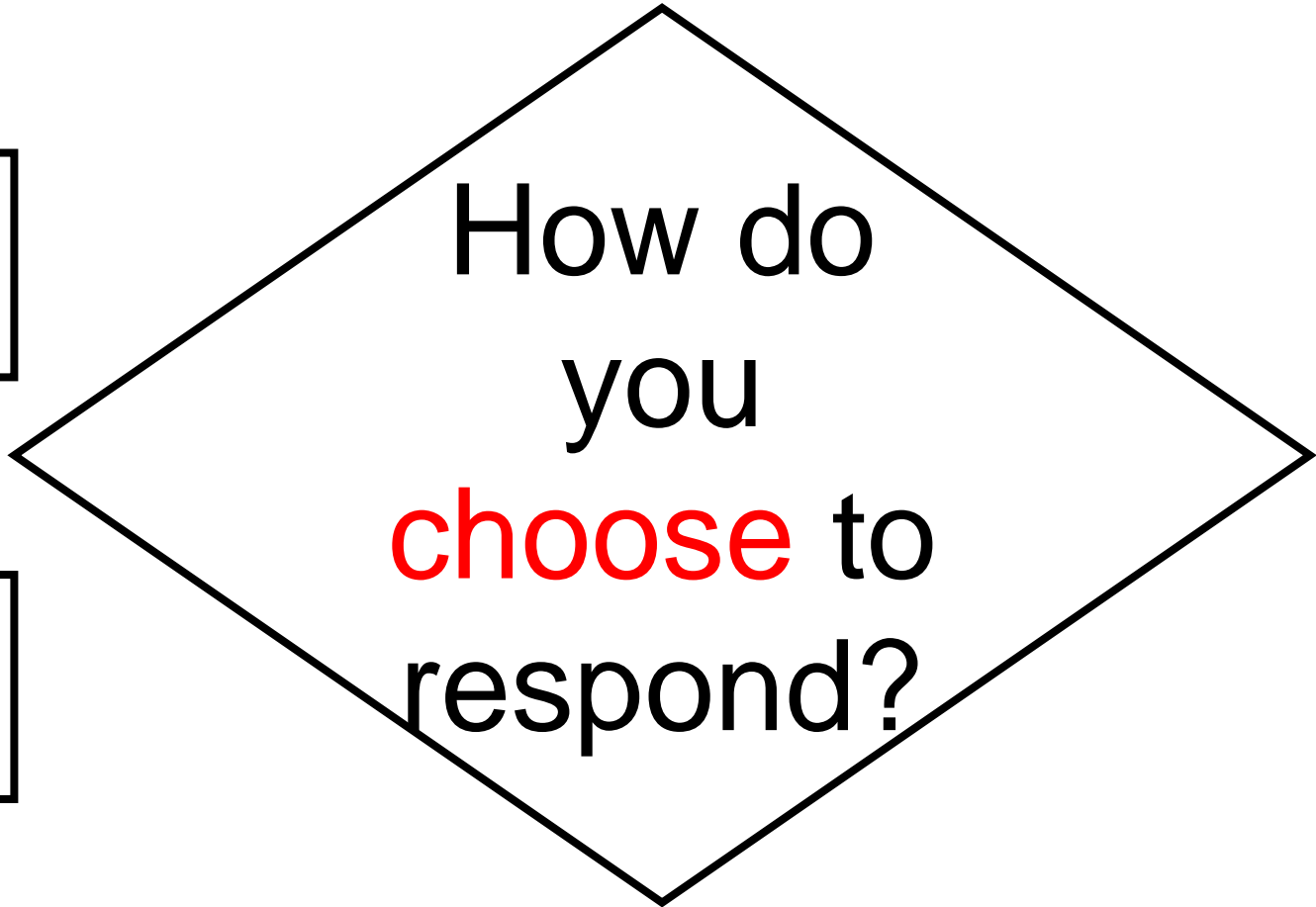
**A better response**





Beliefs

Values

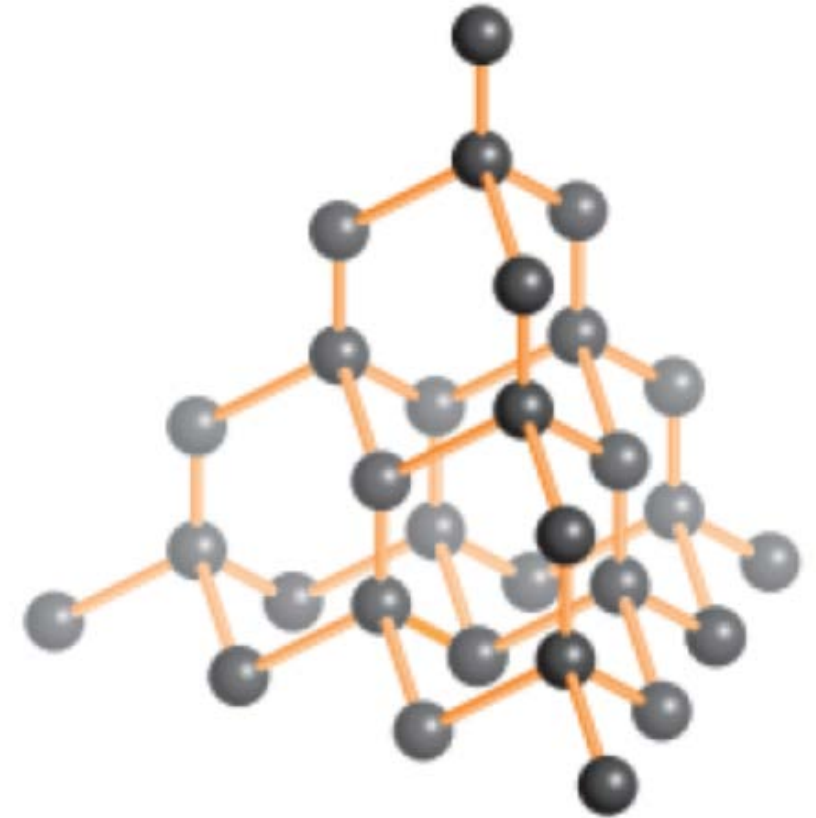




Diamonds are **NOT** lumps of coal that stuck to their task.

# Stack your atoms carefully

- Be aware of your beliefs.
- Be aware of your values.
- Keep perspective.
- Be aware that you can choose how you respond.



It's not what happens to you,  
but how you react to it that  
matters.

Epicetus, c. 50 BCE – 135 CE